

White Underprint Location (Scaled 80%)



Finished Lead Edge

**1**

**PRE-GAME FORMULA**

**THE ENERGY TO COMPETE. THE POWER TO DOMINATE.**

Our P4 Pre-Game Formula is specially formulated to deliver a superior pre-workout formula to professional and every day athletes.

Powered by:

- CarnoSyn® Beta-alanine
- Creatine
- Arginine
- L-Tyrosine
- Niacin, Taurine, Caffeine
- An Intense Vitamin Matrix

Most important, Pre-Game Formula #1 is NSF Certified for Sport. That means it's label-claim-verified, banned substance free and cleared for use for athletes in every stage of their game. Proven for the pros. Proven for you.

**DIETARY SUPPLEMENT**

Net Wt. 300 g (0.66 lb)

**PROVEN 4 SPORT**

**PRE-GAME FORMULA**

**FRUIT PUNCH**

NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT

Net Wt. 300 g (0.66 lb)

Mix 1 (10g) scoop with 8-10 oz of water immediately prior to your game or workout. You should not consume more than 200mg of caffeine every 4 hours.

**Supplement Facts**

Serving Size: 10g (Approx. 1 scoop)  
Servings Per Container: 30

	Amount Per Serving	% DV*
Calories	30	
Total Carbohydrate	1 g	< 1%*
Thiamin (as Thiamine HCl)	3 mg	250%
Riboflavin	3 mg	231%
Niacin	10 mg	63%
Vitamin B6 (as Pyridoxine HCl)	15 mg	882%
Vitamin B12 (as Methylcobalamin)	1 mcg	42%
Pantothenic Acid (as Calcium-D-Pantothenate)	20 mg	400%
Calcium (as Calcium Silicate)	27 mg	2%
CarnoSyn® Beta-Alanine	2.4 g	†
Creatine Monohydrate	2 g	†
L-Arginine Alpha Keto Glutarate	1 g	†
Taurine	500 mg	†
L-Tyrosine	500 mg	†
Caffeine Anhydrous	150 mg	†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet  
† Daily value not established

**OTHER INGREDIENTS:** Pineapple Fruit Powder, Citric Acid, Natural and Artificial Flavors, Silicon Dioxide, Acesulfame Potassium, Sucralose, FD&C Red #40

**Allergen Warning:** This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soybeans, and sesame.

**WARNING:** This product contains Beta-Alanine which may result in a temporary tingling skin sensation or flushed effect for some individuals. Not recommended for use by pregnant or nursing women. Before consuming Proven4Sport Pre-Game Formula, seek advice from a health care professional if you are unaware of your current health condition or have any pre-existing medical condition including, but not limited to: high or low blood pressure, cardiac arrhythmia, stroke, heart, liver or thyroid disease, anxiety, depression, seizure disorder, psychiatric disease, diabetes, pernicious anemia, difficulty urinating, due to prostate enlargement or if you are pregnant, nursing, prone to dehydration, or exposed to excessive heat or suffer from the rare genetic disorder, Hyper Beta-Alaninemia. Do not use if sensitive to caffeine. Discontinue use or reduce if sleeplessness, tremors, dizziness, nervousness, headaches or heart palpitations occur. Proven4Sport Pre-Game Formula is only intended to be consumed by healthy adults 18 years of age or older. **Keep out of reach of children and pets. Store in a cool, dry place.** In case of an adverse reaction or if you have a question/comment regarding this product please contact us at 1-800-396-0041.

**WARNING:** This product can expose you to chemicals including arsenic, which is known to the State of California to cause cancer. For more information, go to [www.P65Warnings.ca.gov](http://www.P65Warnings.ca.gov).

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

**CarnoSyn**  
Carnosine Synthesizer

Natural Alternatives International (NAI) is the owner of patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn.®

**Distributed by:**  
Professional Health and Nutrition, Inc.  
28115 Lakeview Dr.  
Wixom, MI 48393  
[www.proven4.com](http://www.proven4.com)  
**Made in the USA** with globally sourced ingredients

11.25 in

.125"cr in

3.25 in

**Please Note:** Bar code is below minimum recommended size. Suggested minimum is 80% (Currently 69%) for reliable scannability. Printer is not responsible if it does not scan properly after label is printed.



**WHT**  
WHITE UNDERPRINT  
**DIE LINE**  
DOES NOT PRINT  
**UV ADHESIVE**  
OVERALL

**DION**  
LABEL PRINTING  
an inovar company

**HP DIGITAL PRINT**

Ticket#: **201729**  
Customer: **Future Pak, Ltd**  
Cust. PO#: Artwork Only  
Die Size: 3.25ac x 11.25ar, 0.125cr

**20277-004H-03** Proven 4 Sport Pre-Game Formula Fruit Punch 300g (854976003202)

02/06/24\_dw\_r03\_201729\_Customer corrections  
07/21/23\_dw\_r02\_201729\_Customer corrections  
08/12/19\_dd\_r01\_172443\_Update white underprint and text  
07/30/19\_RA\_172443\_r00\_New item, ref item 20277-001H-02 for background

ADDITIONAL PROOFS OR CHANGE REQUESTS ARE BILLABLE AND WILL BE ADDED TO YOUR FINAL INVOICE.  
**REVIEW YOUR FIRST PROOF CAREFULLY FOR:**  SIZE  LAYOUT  TEXT  CONTENT  
 SPELLING  COPY POSITION  SPECIAL INSTRUCTIONS  UPC/BARCODE/QR CODE  
DION IS NOT LIABLE FOR ERRORS OR OMISSIONS RESULTING FROM AN APPROVED PROOF CONTAINING THE DEFECT.

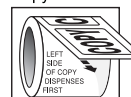
**A PDF PROOF IS NOT A RELIABLE METHOD OF COLOR EVALUATION.** If your label has specific color requirements, we strongly suggest purchasing a press proof, providing an opportunity to evaluate color, prior to production. By declining to purchase a press proof, you are agreeing to accept labels printed to generic, Dion color standards.

If you have any questions, contact your DION Customer Care Representative:  
**Laura Sharrow** • [lsarrow@dionlabel.com](mailto:lsarrow@dionlabel.com) • 413.568.3713 x119

"APPROVED AS IS" BY:

"REPROOF REQUIRED" BY:

Copy Position 4



Wound Out

**PRINTED PROOF ROUTING**

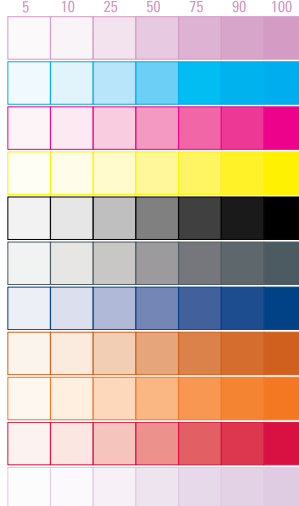
- CUSTOMER COPY
- PRODUCTION COPY
- ART FILE COPY
- ART COLOR STANDARD
- QC COLOR STANDARD

**PRINTED PROOF DESCRIPTION**

- UNCOATED HP PROOF  
Color Accurate Press Proof
- COATED HP PROOF  
Color Accurate Press Proof
- DIGITAL HP for FLEXO Print  
Color Simulated Press Proof
- LASER PROOF  
Color is NOT Accurate

**INK SEQUENCE**

INK SEQUENCE	HP	N	E	M
<b>WHT</b> 75°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Cyan</b> 15°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Magenta</b> 75°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Yellow</b> 58°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Black</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PANTONE 425 C</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PANTONE 294 C</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PANTONE 159 C</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PANTONE 1505 C</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>PANTONE 1935 C</b> 45°-175-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>UVadh</b> 45°-150-		<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



**BARCODE VERIFICATION**

- UPC or BARCODE
- QR CODE
- QR LINK
- CUSTOMER SUPPLIED SPECIFICATION WAIVER

**CONTENT VERIFICATION**

- CSA  PREV. REVISION  FLIP  DOCUMENT(S)
- REF  SAMPLE  +CHANGES  MINOR  MAJOR
- ACTUAL PROOFING METHOD:  
 HUMAN  COMPARATOR  VIEW-X  SEPs VERIFIED

**COLOR STANDARD VERIFICATION**

- REQUIRES CUSTOMER APPROVAL  ART-DEPT INTERNAL  FLIP
- COLOR STD:**  EXISTING  NEW  PREV PRINT  1<sup>st</sup> PIECE=C-STD
- ART-ADMIN APPRVL REQ.  HP PROOF  MPS-FLEXO  SAMPLE
- SEE ΔE BRAND SPECIFIC  MEASURED MATCH  VISUAL MATCH

**COMPLIANCE w/ EXISTING or NEW COLOR STANDARD VERIFIED BY:**

NOT REQUIRED IF NEW COLOR TO BE ESTABLISHED ON PRESS

**DION**  
INTERNAL  
REVIEW

File:prf-20277-004H-03 2/6/2024 63-CMYK-SilverBopp-UVG 14750